

NEWS | RIDES | EVENTS | ANNOUNCEMENTS

Chairmans Chatter

Well, it seems like the chaos of the past 2 years is coming to an end just in time for the sunshine to come for 2022 and about time to. In the past few months we have seen many members starting to race again, be it TT, Circuit, Cyclocross or MTB. It's

also great to see some newcomers to racing having a go and finding out it's not as scary as first thought.



We have also seen some taking to the

velodrome to sample the thrill of the boards and start the accreditation process.

Very exciting to see the new website launch in January with great thanks to Jamie Bishop and all those that have had some input for getting it built, I hope all of you are starting to use it and are enjoying it.

What is coming up next? We have club social meet up's and prize presentations planned. We have another club session booked at the Velodrome for the club so those that want to go need to get deposits in for that. We have the up-and-coming Ride London as well as foreign trips (Mallorca), which will need some miles in the saddle as preparation. As well as the weekly club rides, more racing and MTB trips out.

With this in mind its looking like 2022 is going to be busy and I am looking forward to seeing you all out turning some wheels soon.

David

Secretary Required!

Harlow Cycling Club need you, are you the right person for the task of being Harlow Cycling Clubs new club secretary? Club secretary is a very prestigious role within a club and as such is recognised by British Cycling via *free* British Cycling Bronze membership while in post.

Here are a few of the general tasks and responsibilities of the role:

- * Support of other committee roles when needed
- * Committee meeting organisation and minute taking
- * Club Social media monitoring and admin
- * Club Insurance admin yearly
- * Club Membership affiliations admin
- * other affiliations admin
- * AGM note taking and distribution yearly
- * Supply newsletter team with club notes each quarter

If you would like to volunteer for this position or even can lend a hand in other ways please get in touch with one of the other Committee members or email info@harlowcc.club





Membership

Full Member £20, Junior Member and 2nd Claim £10, Family Member £40, Non Ride/Social Membership £5.

Annual subscriptions for Harlow Cycling Club are due on the 1st of November each year. Prompt renewal is appreciated so that the necessary administration can be completed as soon as possible.

The membership can be paid by Bank Transfer, Standing Order or Paypal. Details of how to pay for your membership can be found on the Membership form, which is hosted on website and FaceBook page under documents.

Third party insurance is a requirement for membership. Members can be covered by the individual and/or independent membership of British Cycling or the CTC.

British Cycling (Ride or above membership), Liability insurance, legal support, weekly members emails, training and nutrition advice, discounts at select retailers. For full details see website. From £41 per year, £36.50 if paid by direct debit. 1st year members get discount bringing price to £20.50 using code newcmrd

Cycling UK, Liability insurance, legal support, 6 cycle magazines a year, discounts at select retailers. For full details see website. From £48 per year or £26 per year using club code; 90139236 (note this does not include legal or magazine).

Ride Captain Catch Up

As predicted the winter months have seen less club rides due to road, weather and light conditions which means its a lot harder to ensure the safety of each ride and riders that venture out. Certainly of late we have seen some awful weather including several storms which have cause no end of trouble on the road network and challenges for safe riding and often means we take the decision to postpone all rides for the safety of all members, thank you for you patience and useful input when these decisions are being made.

With the clocks changing at the end of the month and the weather slowly improving we will hopefully see a few more members out on club rides and so have

recently
reintroduced all
rides, currently
the Tuesday
training ride is
still more of a
gentle pace than
training until the
roads are safe to
fully "go for it".



The Thursday social is back on with the route changing weekly, keep an eye on socials for the route for each week. Sunday is still going to be a longer ride, different route each week and finishing at Coffee Base for coffee and cake.

Just a little reminder to all that although the club provides ride leaders for all club rides we can't accept responsibility for you or your equipment. with this in mind please ensure that for each club ride you are self sufficient with spares, tools, inner tubes, gels etc, and both you and your bike are in good working order.

If you have suggestions of an area or location you'd like to ride then please let me know and I'll try to build a route that takes us there.
Thanks Richard

Racing Round Up

Club rides have been a little quiet during the winter season here in the UK but that has not seen club members hanging up their riding kit or bikes. It has again been great to see so many club members heading out and racing in the many varied races around the country from TT, Hill Climbs, XC and Mountain Bike.

Round 2 Brass Monkeys Enduro Winter Series; What a fun way for a first time XC racing with a course that was packed full of entertainment.

XC or MTB cycling was never my thing however this year i enjoyed covering off road miles and putting my best efforts to the test. along with a few members we decided to take up on a challenge and sign up to the Brass Monkeys Enduro series that proved to be one of the best



cycling memories and now i will call myself an XC enduro rider and look forward to represent HCC again. Florin

Round 2 and 3 Brass Monkeys Enduro Winter Series; 2 Brass Monkey events, 2 punctures, 2 crashes and one tyre blown off the rim. Apart from that it was very enjoyable! oh and failed to finish the 3 hour event twice which has not and will not put me off taking part again. Everyone else from the club who took part in the 2 events did extremely well and we had good support too. Chris

I raced the Stow scramble cyclocross on 30th Jan, first ride outside since breaking my wrist at a cross race in September. I was 4th V40 16th overall.

TT Results

A few club members turned out for the first TT of the season or for some their first TT ever. As a club we chose to support HPC first 10 mile TT. It was run on the E91/10B out near Leaden Riding. They had a special class for road bikes so anyone could ever and a fancy TT bike wasn't necessary. We were due to have 7 riders but Ben was double booked, Tim had a kit malfunction so that left John, Jamie, Key, Anthony and Ruth to take the start, It was a bit chilly and very windy

HCC Newsletter History

Snippet from the January/February 1964 HCC newsletter.

WEIGHTTRAINING

Weight training sessions at the Clubroom have proved popular in recent weeks. Our friend Mr Harry Burns, a publican from Thornwood has been extremely kind and helpful in this respect. Eric Beauchamp has been assisting Mr Burns and will carry on the programme until the end of June or thereabouts.

Next winter the club hopes to put on a fuller and more elaborate programme.



It's Your Newsletter

Have a story to tell, an upcoming event you are taking part in or just some club chit chat?

Why not share this with the newsletter team for the next club newsletter.

Simply email the club or leave a message on the Harlow CC Chat WhatsApp and someone will get back to you.



HIGH 5

Did you know that Harlow Cycling Club are in the HIGH5 club rewards programme and that they are launching a brand new Isotonic Hydration Drink so are giving all club members the chance to <u>claim a free</u> bundle



which includes; a 300g Isotonic Hydration Tub and a 500ml HIGH5 Sports Bottle for just £3.99 shipping, when you join the clubs mailing list.

All you need to do is share use this link to sign up to the mailing list and you will receive a coupon code to claim your free bundle on the HIGH5 website.

If a club member has already joined the mailing list they won't be able to claim this offer but they will get the chance to purchase the product at 40% off using the club discount code.

Find out all you need to know about the product bundle here

Club members also get 40% off all HIGH5 products not already on offer, using club code **H5#HARLOWCC**

with a cross wind for thew whole out and back course. Unfortunately Anthony back gave out and he was a DNF but will be back another day. Some good times/speed were set and I think everyone really enjoyed themselves.

Jamie

New and Improved

In February webmaster Jamie Bishop announced that the brand new Harlow Cycling Club website had gone live.



The website is right on trend in appearance, style and usability with an expectation that this will help entice and encourage new members as well as be a great resource for media and affiliation interests.

A committee member said "updating the website has been an ongoing want for the committee for a few years so finally seeing the results that Jamie has produced is extremely exciting."

Jamie took time to write this for the newsletter;

"The new club website launched back in February with a whole new look and content. When I joined HCC I felt that the website didn't quite reflect the clubs vibrant membership and current look. The previous website had served the club well and was a great source of information but a cleaner, simpler website was required to support current members and engage with prospective members. The new site is designed and delivered by myself (Jamie) at www.komdesign.co.uk and works just as well on mobile as it does on desktop / tablet and is built on modern web standards. I hope everyone likes it."

You may have also noticed a revamp of all the social media profile pictures as a result of a combined effort from Jamie B and Andy G, this has brought a more constant brand image across all platforms including this newsletter. Again made possible due to the creative talents of Jamie.



VELOGAMES SUPERCLASICO 2022 HAS BEGUN!

Members of Harlow Cycling Club have taken up the challenge of becoming the HCC Velogame Directeur Sportif Champion.

Team selection have been made as the start of this season-long Classics contest began with Strade Bianche, with the deadline for the first race having passed at 11:30 CET (Central European Time) on Saturday 5th March. Later team entries are allowed they'll start scoring at the next race after they are entered. So get involved using the link below. Please note that team entries and team transfers will be temporarily closed after each race deadline passes.

Overview

Each player takes the role of a Directeur Sportif of a professional cycling team. The aim of the contest is to select the best possible team of six riders to compete across a full season of one-day racing.

Directeurs must select their six riders based on a budget of 100 credits, and unlimited team changes are allowed in between each race to allow each team to remain competitive across the season. The better the riders perform during each event, the more points they will accumulate for their fantasy directeur sportif.

The Velogames Superclasico 2022 campaign begins with Strade Bianche on Saturday 5th March and continues through 37 races until Paris-Tours on Sunday 9th October. The calendar is subject to change due to potential COVID-19 related postponements.

https://www.velogames.com



Club Bits

Easy Fundraising

You can help the club out by signing up for the EasyFundraising app. Like other cash back sites, when you make a purchase, the club receives a % of the sale price and you pay no more! What's more, you get that warm happy feeling inside that you've helped the club carry on while indulging your retail therapy!! If you need further information, please email us on info@harlowcc.club and a member of the committee will contact you to answer any questions you may have.

https://www.easyfundraising.org.uk/causes/ harlowcc1/

Social Calendar

April 8th

Club awards - Are you a trophy and prize winner this year? Join us in the pub to find out..! Venue to be announced.

July A night at the dogs - Are you feeling lucky?

September

Club Curry Night - How hot will you go?

December

Festive food and drink - join us for Christmas - they'll be prizes for the best Christmas Jumper too.!

Keep an eye out on the clubs socials and messages for further details such as dates, timings and locations.

Hash Tag Buzz

Whenever sharing photos or stories from club rides, events or just because your representing us please remember to hash tag the club on your social media posts. #REP_HCC #Harlowcycling #harlowcyclingclub

Wherever and whenever possible please wear club kit on club organised rides which include Tuesday Training, Thursday Social, Sunday Social and MTB Thirsty Friday