

Harlow CC

# May - June 2020 Newsletter

Bike news, Rides, Club Events and more . . .

---



Matching Green looking resplendent in the early Summer Sun - *Photo by Linda Courtney*

## **Editors Intro**

I hope this edition of the club newsletter finds you and yours well at this strange time.

The past few months have been challenging for us all in their own ways I am sure. Given that the club has been following government advice on social distancing there haven't been

---

---

any club activities for a while. However as the lockdown hopefully moves to the stage where we can see the exit in the distance, the committee is keen to get the club up and running again. Hopefully we can make the most of the season we have left safely!!

See you on the road! (well from several meters distance of course).

## **Ben Rosendale**

Communications Officer

## **Easy Fundraising**

With most of the highstreet still closed, many of us will have turned to online shopping. You can help the club out by signing up for the EasyFundraising app. Like other cashback sites, when you make a purchase, the club receives a % of the sale price and you pay no more! What's more, you get that warm happy feeling inside that you've helped the club carry on while indulging your retail therapy!! If you need further information, please email us on [info@harlowcc.org](mailto:info@harlowcc.org) and a member of the committee will contact you to answer any questions you may have.

<https://www.easyfundraising.org.uk>

## **2020 and onwards**

### **Club Rides**

In keeping with Government and British Cycling guidance, there are no club rides at the moment.

As soon as restrictions are relaxed the Sunday club run will return, along with any other runs that our members request.

We need to hear from you about types of rides you want us to lead. We may not be able to do them this year, but it gives us something to work towards. The possibility of a Cycling

---

Weekend to Norfolk or Devon was raised, but realistically, this wouldn't be happening until 2021 at the earliest.

## **General Cycling**

We are actively looking at encouraging schools to run Bike Safety courses and for the council to keep our cycle paths in good repair. The government are encouraging people to use their bikes and have [promised a £2m package](#) to make it easier for people to use bikes to get around. HCC want to ensure that Harlow with it's existing cycle path structure are part of the dialogue for the area.

## **Fursty Fridays/ Racing / Time Trialling /Sportives / Audax UK**

As with club rides all other activities are cancelled or postponed at the moment. If you would like to chat online about a burning cycling issue ("How long should my socks be/Who is the greatest rider/Is there nothing Mathieu van der Poel cannot do?"), or maybe even a Q&A Session with the HCC Committee, let us have some ideas to discuss and we will arrange a Group Call. It will help us to connect until we can ride out again.

**Please remember to check your sportive and event entries as many have rescheduled to new dates or been cancelled altogether.**

## **Virtual Rides**

With the lack of group rides many of us I am sure will have turned to the trainer and online platforms such as Zwift, Sufferfest, etc.

---

Following feedback from members, the support was for a mixture of training and social rides on Zwift. For details of the next meet up please check the WhatsApp message chat and/or Facebook page.

## **Membership**

Given the strange and unusual times renewing members will get a discount on their 2021 membership. With renewal for £15 instead of £20.

Renewing members can also choose to renew at £20 and receive a Harlow CC Buff.

The membership can be paid by Bank Transfer, Standing Order or Paypal. Details of how to pay for your membership can be found on the Membership form, which is hosted on the FB page under documents.

Please remember that all members must take out liability insurance to join on club rides. If you are a member of British Cycling or Cycling UK you will get automatic insurance.

## **British Cycling**

Liability insurance, legal support, weekly members emails, training and nutrition advice, discounts at select retailers. For full details see website.

Membership from £41 per year, £36.50 if paid by direct debit. 1st year members get discount bringing price to £20.50 using code *newcmrd*

## **Cycling UK**

Liability insurance, legal support, 6 cycle magazines a year, discounts at select retailers. For full details see website.

£48 per year or £26 per year using club code; 90139236 (note this does not include legal support or magazine)

For any membership enquiries please email - [harlowccmembership@gmail.com](mailto:harlowccmembership@gmail.com)

The club will need to carry out checks to ensure that adequate insurance is in place and to protect all members on the rides.