



# HARLOW CC

NEWS | RIDES | EVENTS | ANNOUNCEMENTS

## Chair Persons Chatter

Well, it looks like we are round to that time of year again. AGM just around the corner and Christmas party plans in full flight, something that we haven't had for a while due to various restrictions. With all the trophies and raffle prizes etc, it is set to be a good night.



The rides are going well, and it is good to see some members stepping in to help with the slower/shorter rides, as this is always helpful and will get those that haven't ridden for a while back in the swing, and will always help with the getting base training in ready for the new year

We are also seeing the nights drawing in, which for some means they no longer venture into the outside world to rotate pedals but prefer to remain stationary and use Zwift, trainer road (other platforms are available). Jamie had kindly kept the discord open for those using Zwift.

We have also seen more people becoming accredited for the Velodrome and are taking part in some of the sessions down there.

Who knows, maybe some racing next year.

Enjoy the newsletter and if you fancy getting more involved with the clubs operation, please stand for one of the open positions on the committee. If you have anything that you want to bring up at the AGM, you can PM one of the committee members or call in the shop.

See you all soon  
David Wales (Chairman)

## HCC AGM 2022

This years AGM will be held on 18/11/22 at Raj in Old Harlow. The evenings agenda is being considered which gives members the opportunity to have items added to the agenda for discussion alternatively members are encouraged to raise their discussion topics during the any other business section of the meeting.

The AGM will also be the time that the majority of committee positions will be volunteered and voted for with the main seats below requiring to be chosen on.

Harlow Cycling Club need you, are you the right person for the task of being on the Harlow Cycling Clubs committee?

- \* Chair Person
- \* Vice Chair Person
- \* Secretary
- \* Membership Secretary
- \* Treasurer
- \* Ride Captain
- \* Web Master

If you would like to volunteer for a position, or would like to lend a hand in other ways please get in touch with one of the other Committee members or email [secretary@harlowcc.club](mailto:secretary@harlowcc.club)



## Membership Notice

As we approach another year end for membership I would like to remind all members that your membership fees are due 1st November with a final cut off set at 31st December. It's also great that I can confirm membership fees will not change meaning that Full Member £20, Junior Member and 2nd Claim £10, Family Member £40, Non Ride/Social Membership £5 is staying the same.

Prompt renewal is appreciated so that the necessary administration can be completed as soon as possible.



The membership can be paid by Bank Transfer, Standing Order or Paypal. Details of how to pay for your membership can be found on the Membership form..

Third party insurance is a requirement for membership. Members can be covered by the individual and/or independent membership of British Cycling or the CTC.

British Cycling (Ride or above membership), Liability insurance, legal support, discounts at select retailers. For full details see website. 1st year members get discount by using code newcmrd

Cycling UK, Liability insurance, legal support, 6 cycle magazines a year, discounts at select retailers. For full details see website. club discount code; 90139236 (note this does not include legal or magazine).

## Ride Captain Catch Up

*As the evenings start to get darker and colder naturally people start to ride on their turbos and our attendees drop a little, but just a reminder we will still be riding regularly when the weather is favourable.*



*This season has again been a great success for the club with new members and all the rides being pretty well attended. We have introduced a shorter/slower ride on a Sunday which has proved quite popular,*

*although getting people to lead this ride is more of a problem, so on that note can I please ask that some members take a turn and not leave it to the same people all the time. Leading a ride isn't too hard, you just need the route loaded on a head unit, I will do the route for you and all the publicising of the ride, and to make sure you keep a count of all your riders so nobody is dropped, you don't have to ride on the front and set the pace, it's only ever a social ride.*

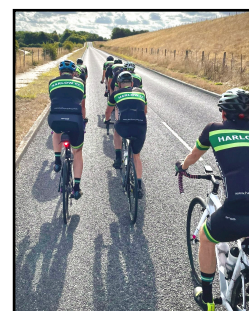
*Recently the club took a 2 day trip to the Isle Of Wight, I think there's a full write up in this newsletter, but safe to say I think a few of us were quite surprised at how hilly it was and what a demanding couple of days it was, but on the plus side everyone had a great time and the club was well represented with*

*everyone in club kit. We also did our annual Southend 100 mile ride which saw 9 of us go to the coast for fish and chips and a pub stop on the way back.*

*Hopefully we can still fit in a few more rides with bigger numbers turning up before people hibernate for the winter.*

*As always if anyone has any requests as to areas they'd like to cycle just drop me a message and I'll try and build a route around it.*

*Thanks  
Richard*



## HCC Mallorca 2023

**2nd - 6th October 2023**

There's plenty to choose from



- 25 miles to the lighthouse and back – ease in with 3000 ft
- 70 miles to Sa Colabra and back – a bit hilly at 7000ft but re-fuel at the Viaduct
- 70 miles to Soller – also a bit hilly at 7000ft but refreshments at the beach always helps
- 60 miles to Petra and back – flat all the way with great coffee stops all the way round
- 75 miles Andratx to Port Pollenca – early start and 6000ft of climbing

What to expect:

No drop rides on amazing routes, Great coffee and lunch stops, Cycle friendly island, Rides for mixed abilities, Great fun with rides ending in Palms Bar

### Holiday Details

#### Flight

- Ryanair FR1202 02 October 2023 at 7.30am Stansted to Palma
- Ryanair FR1203 06 October 2023 at 11.50am Palma to Stansted

#### Hotel

- Aparthotel Flora – Mendez Nunez, S/N 07470, Port de Pollensa

#### Bike Hire

- Mallorca Bike Hire – [info@mallorcabikehire.com](mailto:info@mallorcabikehire.com) / 07759 041090

#### Transfer

- Holiday Taxis – [holidaytaxis.com](http://holidaytaxis.com)

#### Breakdown recovery

- [mallorcacycleshuttle.co.uk](http://mallorcacycleshuttle.co.uk)



Members are kindly reminded that when ever possible please wear club kit on club organised rides.  
Thank you

### History

A little snip from Spring 1967 HCC newsletter.

An unexpected accident resulted in a broken pane of glass at Long Ley Clubroom on the occasion of the New Years Eve party! the committee decided quite rightly that we would have to put the matter right and the cheapest way was to do the job ourselves.

Brian Morley, a professional builder in his own right, stepped in and did the job at practically the cost price of the glass. Thanks Brian!



This is another example of our Clubmen using his skills and effort in the interest of the club.

### Velogames Standings So Far

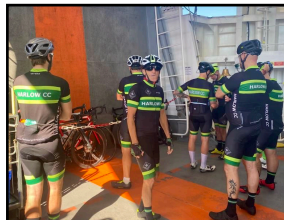
Women's Classic - Won by David Harris  
Spring Classic - Won by David Harris  
Romandie - Won by Andy Goodman  
Italy - Won by Andy Goodman  
Dauphine - Won by Andy Goodman  
Suisse - Won by Andy Goodman  
Women's Tour - Won by David Wales  
La Tour Velogame - Won by Ben Rosendale  
Itzulua - Won by Andy Goodman  
Paris-Nice - Won by David Harris  
Tirreno-Adriatico - Won by David Wales  
Spain - Won by Chris Osie  
Tour of Britain - Won by Andy Goodman  
Tour De Pologne - Won by David Wales  
Volta A Portugal - Won by ?  
Catalunya - Won by David Harris





## IOW Tour

On July 16th & 17th 9 members of HCC went on a trip to the Isle Of Wight, meeting at a local petrol station to load up with coffee we set off in convoy for Portsmouth. After an uneventful drive and not too much traffic we arrived at our hotel in Portsmouth and after quickly unloading our bikes we made the short ride to the ferry terminal. The ferry was obviously quite used to having bikes on board as everything went smoothly.



The short crossing allowed us time to grab a coffee before the days riding and time to go over the plan, the first day was to ride one way round the perimeter of the island and the second day to reverse the route. As the TOB was heading to the IOW we tweaked the first days route so we could ride all the KOM's they were doing. So off we set, I think quite early we were all surprised at how hilly it was, we either seemed to be going up or down, there wasn't really any flat sections at all. We stopped for coffee after 40/45km and to get our breath back after some pretty



brutal climbs, but we knew we had Military Road to come, this was the only flat bit, it runs across the bottom of the island with amazing views, the sting in the tail was the climbing at the end of it. But we all had a great days riding as we looped back to catch the ferry, even had time to grab a pint at a

pub right by the ferry. On board we participated in another beer to celebrate our riding achievement of the day!!

We met up that evening for a meal and a few drinks, there were a few tired legs and a discussion was had as to whether we would ride a shorter loop the next day. After breakfast the next day we caught the ferry with the intention to see how it went with regards to routing. As we arrived in IOW we set off on the reverse loop, and the hills were just as demanding in that direction too. After a while we arrived along the reverse of Military Road so by this point there wasn't an option to take a shorter loop so we'd just have to soldier on. After a much needed lunch stop we managed to complete our intended route.

We even arrived back at the ferry in time to catch an earlier crossing. A short ride back to the hotel and time to load the bikes up and all head off home. A great weekend with some tough riding but we'd all do it again.



## Club Bits

### Easy Fundraising

You can help the club out by signing up for the EasyFundraising app. Like other cash back sites, when you make a purchase, the club receives a % of the sale price and you pay no more! What's more, you get that warm happy feeling inside that you've



helped the club carry on while indulging your retail therapy!! If you need further information, please email us on [secretary@harlowcc.club](mailto:secretary@harlowcc.club) and a member of the committee will contact you to answer any questions you may have.

<https://www.easypundraising.org.uk/causes/harlowcc/>

### BMCR Thursday Evening League

Myself and Tim Simpkins raced some of the BMCR Thursday evening league at Hog Hill.

Our first race we tried to attack and blew up and dropped ourselves 🤔

After that I got 2 x 2nd place finishes in my age group and came 5th overall in the league having only raced 4 out of 8 races.

I really should have attended more.

Tim never got any points.

Thanks Jamie







# HARLOW CC

**FIRST  
DRINK  
FREE**

**CHARITY  
RAFFLE**  
WITH GREAT  
PRIZES

**LIMITED  
TICKETS  
REMAINING**

**SUPPORT  
YOUR  
CLUB**

## HCC CHRISTMAS DINNER & AWARDS

**Location:** Raj in Old Harlow

**Date:** 18th November

**Time:** 8pm

**Price:** £35 per person

**Partners welcome**

We will have limited places in the restaurant, but will have sole use so it's going to be a good night. We have ordered a set menu which will include poppadums, selection of starters and mains and naan breads. There will also be GF, Vegan and Veggie options if required.

Payment to be made to the club account by bank transfer as soon as poss. When you pay, please make sure you use your name as a reference - Harlow Cycling Club, Sort Code 60-10-05 and the account number is 87398621