

HARLOW CC

NEWS | RIDES | EVENTS | ANNOUNCEMENTS

Chairmans Chatter

I would like to start off this newsletter by welcoming new members Lard Van Der Berg, Carlo Cappalonga and the return of Vivian Noble after a bit of a break. I look forward to meeting you all and maybe joining you on a

ride over the next few months.

Rain has stopped play on so many occasions this year, it's as if someone has really upset Varuna, the Vedic Hindu Lord of rain and oceans. I'm dusting off my



LED's and fleecy leggings in preparation for the winter cold. Hopefully we can at least get some miles in before the new year (which is less than 3 months away).

We really need to look at how we can bring younger cyclists into the club and through the ranks. I would like to get a small team together who would be interested in working with some youth groups next Summer. Please let me know if you would be interested in being involved with this project.

AGM

The AGM will be held in November with the possibility of it being held online to allow more members to attend and have input. Further details will be sent out via WhatsApp groups and email.

Finally, we were sorry to hear of the passing of one of our honorary members, Mick Harknett, in August. Dave Wales and I attended the funeral as representatives of HCC to honour Mick's contribution to the club.

Happy Cycling! Sjaak

Membership Renewal

Membership fees are due 1st November with a final cut off set at 31st December. we again can confirm membership fees will not change meaning that Full Member £20, Junior Member and 2nd Claim £10, Family Member £40, Non Ride/Social Membership £5 is staying the same.

Prompt renewal is appreciated so that the necessary administration can be completed as soon as possible.

The membership can be paid by Bank Transfer, Standing Order or Paypal. Details of how to pay for your membership can be found on the Membership form..

Third party insurance is a requirement for membership. Members can be covered by the individual and/or independent membership of British Cycling or the CTC.

British Cycling (Ride or above membership), Liability insurance, legal support, discounts at select retailers. For full details see website. 1st year members get discount by using code newcmrd

Cycling UK, Liability insurance, legal support, 6 cycle magazines a year, discounts at select retailers. For full details see website. club discount code; 90139236 (note this does not include legal or magazine).

Membership Admin Team

Easy Fundraising

Sign up new supporters

Hi there! We've registered Harlow Cycling Club with easyfundraising, which means over 7,000 brands will now donate to us for FREE every time you use easyfundraising to shop with them. These donations will help SO MUCH, so please sign up to support us – it's completely FREE and doesn't take long.



Velo Games

Each player takes the role of a Directeur Sportif of a professional cycling team. The aim of the contest is to select the best possible team of six riders to compete in each race, across a full season of one-day racing.

To take part scan the QR code and sign up, its completely free to join and create your team. once your in and have your team join the HCC mini league using passcode:



Harlow CC Web

Reminder to all member of our website for useful information and access to members only area, use below QR code to take you straight to the website. https://www.harlowcc.club/



Ride Captains Catch Up

With Paul standing down from position of Ride Captain others have been posting rides for members to join on Sunday's and a small collective still managing to run the loops on Tuesday evenings, to those members the club would like to thank you for your continued support during the past few months .

The committee is looking at new ways of running our club rides with interesting opportunities arising to increase ride numbers, types of rides and varying cycling disciplines.

Please let the committee know if you are interested in helping to support rides, have ideas how to improve rides and what you would like to see in regards of ride offerings as we are always looking for volunteers and suggestions to help out more with club operations.

Velogames Champ

Well done to Chris Osei, who came first for the second time this season on the HCC Velogames League. Hands up who thinks Chris has been spending his wet Tuesday nights doing some data analysis! Thanks to all who took part and we look forward to the next one which will be in 2025.

Cycling UK Cycling Advocacy Network (CAN) Group – Local Representative

Congratulations to club member Yasmin Gregory for being appointed as the local representative of

Cycling UK Cycling Advocacy Network Group. Yasmin has been an ardent cycling activist for a number of years and



will no doubt do all she can to keep Harlow at the forefront of any CUK initiatives.

AGM Notice

We are currently at planning stage for this years AGM, notice will be given for date and agenda. The positions for the committee are below and if you wish to be put forward for a position to help guide the club's future, please let one of the committee members know so we can ensure that your name is added to the AGM agenda.

Committee Positions

President Vin Denson Chair Person Sjaak Van Der Poel Vice Chair Person (Open) Secretary Dave Wales Treasurer Dave Harris Ride Captain (Open) Webmaster (Open) Membership Secretary (Open) Social Secretary (Open) Touring Secretary (Open) Kit Co-ordinator (Open) Development Officer (Open) Welfare Officer (Male) Vincent Martin Welfare Officer (Female) Yasmin Gregory

Sponsorship Co-ordinator (Open) Racing Secretary James McGill Harlow Council Liaison Officer Yasmin Gregory

As the evenings are drawing in, I am proposing to plan a few more social evenings, before the AGM and Clubs Christmas Dinner. If there are any suggestions, please let us know and we will arrange these.

Please contact myself or another member of the club committee if you are interested in taking on a committee position or offering support in anyway.

David Wales - Club Secretary



HCC on Tour

A few members recently headed to France for the day in order to test the viability for a club ride to France in 2025. Spear headed by Andy Goodman and Dave Harris the idea was to find options of routes, stops, travel, parking and compatibility for the day trip to meet the needs of the club.

We set off at 6am meeting at the BP garage by the M11, the 5 of us was in 2 cars being driven by Dave and Massimo. Our outbound ferry was with P&O setting sail at 8:15am but

unfortunately due to delays in the port we all got held up and did not make the ferry missing the boarding by 10 mins! We were put on the next available ferry which was at 10:45. Although it was good we



could go on the next ferry at no additional cost this meant that we would now have approx. 1.5 hours less on route and would have the ride needing to be paced a little higher than the planned relaxed pace.

Once in France it was only a 15 min drive to the carpark which was free and had plenty of space, it was then time to get bikes of the cars, get kitted up and wheels rolling which again was a little rushed as we were all very aware of the lost time due to ferry mess up. Once on road we soon found a good pace and were all buzzing for the day as the sun shone and the smooth tarmac hummed with the sound of carbon wheels.

The route was perfect although we did manage to ride 5 miles off the route in the wrong direction, lucky for us we had Vince who soon had a solution and mapped us back onto route with a few deviations only costing us a gain of 3 miles on total route in the end. Pan flat for 25 miles we then hit some hills which was challenging enough while still allowing time to enjoy the scenery that was until we hit our final and most challenging climb of the day at 42 mile mark with an average of 7.8% over 1500km and a max grade of 12.7% it would put pay to weary legs and prove to be the hardest task of the day.

Overall the route works really well with no sign of a pot hole for the entire 53 miles, we have gathered lots of info and will now start to plan for next year potentially early September (date to follow).

Harlow Cycling Club Media

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5% discount on Bikes, 10% discount on Parts and Servicing.

High 5:

Lee Valley Cycles:

40% discount off full price items using our club code H5#HARLOWCC (This code is strictly for use by club members, friends and family only, it must not be posted on any public social media).

Cycling UK:

£20 off full membership by using our code: 90139236. Affiliate member benefits excludes legal assistance, magazine and voting rights.

MEMBER DISCOUNTS

British Cycling:

A benefit of our club's affiliation is that club members can get up to $\pounds 26$ off membership when they join British Cycling for the first time, Please note Commute membership does not cover you for riding with our club or group rides, please choose either Ride or Race membership - Use code: newcmrd

Proviz:

20% off with the code hcc20 (This code is strictly for use by club members, friends and family only, it must not be posted on any public social media).Proviz is an International Multi-Award Winning Sports Brand, distributed in 40 countries, sold online globally and acknowledged as one of the most innovative sports brands in the world.

Muc-off:

20% off with the code CHATTERBOX20

Glaudax cycle tours:

£50 Discount, just mention Harlow Cycling Club When booking









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М	Club Jersey SS	£47	-	2	1	-	1	2	-
Μ	Pro Jersey SS (Race Cut)	£77	-	1	-	1	-	-	-
М	Club Jersey LS	£59	-	-	-	-	2	-	-
М	Fleece Jersey LS	£81	-	-	-	1	-	-	-
М	Windbreaker Gilet	£59	-	1	2	2	-	1	-
М	Club Shorts	£55	-	1	1	3	1	-	-
M	Club Bib Shorts	£59	-	2	2	1	2	1	-
M	Pro Bib Shorts	£77	-	-	-	1	1	-	-
М	Club Bib Long	£77	-	-	-	1	1	-	-
М	Fleece Bib Long	£90	-	1	1	-	-	1	-
M/F	MTB Jersey	£50	-	1	2	4	-	1	-
F	Club Jersey SS	£47	-	-	1	-	1	-	-
F	Club Jersey LS	£59	-	-	-	1	1	-	-
F	Fleece Jersey LS	£81	-	-	-	1	-	1	-
F	Windbreaker Gilet	£59	-	-	1	1	-	-	-
F	Club Shorts	£55	-	-	-	-	1	-	-
F	Club Bib Shorts	£59	-	-	1	1	1	-	-
F	Club Bib Long	£77	-	-	-	-	-	-	-
	Kids Club Jersey	£32	-	2	1	2	-	-	-
M/F	Arm Warmer	£17	-	1	-	-	1	-	-
M/F	Leg Warmer	£23	-	-	-	1	-	-	-
M/F	Fleece Knee Warmer	£21	-	-	-	1	-	-	-
M/F	Shoe Warmer	£25	-	-	1	-	1	1	-
M/F	Socks S/M 5-8 L/XL 9-12	£10	-	-	1	9	-	-	-
M/F	HCC Snood (One Size)	£5	-	-	10	-	-	-	-

Discounts applies to items within this table only, not applicable to new pre-order items.